



## KINGFISHER PRIMARY CARE NETWORK

### NEWSLETTER 1

#### WHAT IS A PCN?

**Primary Care Networks (PCNs)** A group of healthcare professionals coming together to support community services to deliver the best care to patients. All general practices were required to be in a network by June 2019. This is funded by the Redditch & Bromsgrove Clinical Commissioning Group (CCG). The network will build upon the work done by the **Kingfisher Neighbourhood Team** which includes input from; GPs, pharmacists, district nurses, community health professionals such as physiotherapists and occupational therapists, joined by social care and the voluntary sector. The Kingfisher Team has a community matron – Helen Abdullah. Helen is an Advanced Nurse Practitioner with many years of experience specialising in respiratory management. Helen assesses complex patients who are identified by a multi disciplinary team for management in the community. Helen has had significant success in reducing the number of emergency admissions for these patients by signposting to appropriate community services, improving confidence with self help and ensuring timely interventions when needed.

The Kingfisher PCN is made up of six local Redditch Practices: Maple View Medical Practice, St Stephen's Surgery, The Bridge Surgery, The Dow Surgery, Hillview Surgery and Elgar House surgery.

The networks will provide the structure and funding for services to be developed locally, in response to the needs of the patients they serve.

This short NHS England animation explains the concept of PCNs and how this new way of working enables health and other services to work together to provide better access for patients: <https://youtu.be/W19DtEsc8Ys>

#### PCN PHARMACIST

In addition to the Pharmacist employed by your surgery, who deals in-house with medication queries; the Kingfisher Team has appointed a Pharmacist who will jointly work with all six practices. Your local PCN Pharmacist is called Waseem Munir. Waseem will be doing a number of projects for the PCN Practices centered around safety in prescribing. As part of his role he may contact you regarding your medication to ask questions.

## **INFLUENZA VACCINATIONS**

### **Why do I need my flu jab?**

Influenza viruses are constantly changing. The flu vaccine is reviewed each year and updated as needed, to keep up with changing viruses and help protect you against any new strains. You are entitled to a free flu vaccine in surgery if you are:

1. 65 years old or over
2. Pregnant
3. Have long term medical conditions, such as asthma or diabetes
4. Are the main carer for an at risk individual, whose welfare may be at risk if you fall ill, or pass the virus on to them.

## **PATIENT ACCESS**

Are you aware that you can register for access to online appointments, repeat prescription requests and your medical record? Please enquire about this at your surgery.

## **SUMMARY CARE RECORD**

Your summary care record on the secure NHS Spine and may be accessed if you are urgently admitted to hospital. The core basic record includes: Allergies and adverse reactions to medication, Current repeat medication, Last 12 months of acute medication, and the last 6 months of discontinued repeat medication. You can ask your surgery to extend this information and create an **Enriched Summary Care Record** which will also include: Reason for medication, significant medical history (past and present), Significant procedures (past and present), Anticipatory care information – such as information about the management of long term conditions Communication preferences End of life care information and Immunisations. Please ask your surgery if you would like to consent to an enriched record being shared with the hospital in the event of an emergency.

## **SOCIAL PRESCRIBING**

All of the Kingfisher PCN Surgeries offer Social Prescribing in partnership with the Worcestershire Association of Carers. Social Prescribing aims to target the non-medical issues that may contribute to a poor sense of well being. Problems such as loneliness, isolation, lack of exercise, financial pressures and complex social issues are helped by signposting people to a variety of public and voluntary organizations specializing in the area involved. Ask your GP Surgery Receptionist for more information.